<!DOCTYPE html>

<html lang="en">

<head>

<meta charset="UTF-8">

<meta name="viewport" content="width=device-width, initial-scale=1.0">

<title>Doris Berardinucci - Psychotherapist</title>

<style>

/\* General Styles \*/

body {

font-family: 'Arial', sans-serif;

line-height: 1.6;

margin: 0;

padding: 0;

background-color: #f9f9f9;

color: #333;

}

a {

text-decoration: none;

color: inherit;

}

/\* Header and Navigation \*/

.navbar {

background-color: #2c3e50;

color: white;

padding: 1rem 2rem;

display: flex;

justify-content: space-between;

align-items: center;

position: sticky;

top: 0;

z-index: 1000;

}

.navbar .logo {

font-size: 1.5rem;

font-weight: bold;

}

.navbar .nav-links {

display: flex;

gap: 1.5rem;

}

.navbar .nav-links a {

color: white;

transition: color 0.3s ease;

}

.navbar .nav-links a:hover {

color: #3498db;

}

/\* Hero Section \*/

.hero {

background: linear-gradient(rgba(44, 62, 80, 0.8), rgba(44, 62, 80, 0.8)), url('therapy-background.jpg');

background-size: cover;

background-position: center;

color: white;

text-align: center;

padding: 6rem 2rem;

}

.hero h1 {

font-size: 3.5rem;

margin: 0;

animation: fadeIn 2s ease-in-out;

}

.hero h2 {

font-size: 1.8rem;

margin: 1rem 0;

animation: fadeIn 3s ease-in-out;

}

.hero .cta-button {

display: inline-block;

margin-top: 2rem;

padding: 1rem 2rem;

background-color: #3498db;

color: white;

border-radius: 5px;

font-size: 1.2rem;

transition: background-color 0.3s ease;

animation: fadeIn 4s ease-in-out;

}

.hero .cta-button:hover {

background-color: #2980b9;

}

@keyframes fadeIn {

from { opacity: 0; }

to { opacity: 1; }

}

/\* Main Content \*/

.container {

max-width: 1200px;

margin: 0 auto;

padding: 2rem;

}

.section {

margin-bottom: 4rem;

}

.section h2 {

color: #2c3e50;

font-size: 2.5rem;

margin-bottom: 1.5rem;

text-align: center;

}

/\* About Me Section \*/

.about-me {

display: flex;

align-items: center;

gap: 3rem;

}

.about-me img {

width: 200px;

height: 200px;

border-radius: 50%;

object-fit: cover;

border: 4px solid #3498db;

}

.about-me p {

font-size: 1.1rem;

line-height: 1.8;

}

/\* Services Section \*/

.services-grid {

display: grid;

grid-template-columns: repeat(auto-fit, minmax(250px, 1fr));

gap: 2rem;

}

.service-card {

background-color: white;

padding: 2rem;

border-radius: 10px;

box-shadow: 0 4px 10px rgba(0, 0, 0, 0.1);

text-align: center;

transition: transform 0.3s ease;

}

.service-card:hover {

transform: translateY(-10px);

}

.service-card h3 {

color: #2c3e50;

margin-bottom: 1rem;

}

/\* Testimonials Section \*/

.testimonials-grid {

display: grid;

grid-template-columns: repeat(auto-fit, minmax(300px, 1fr));

gap: 2rem;

}

.testimonial {

background-color: white;

padding: 2rem;

border-radius: 10px;

box-shadow: 0 4px 10px rgba(0, 0, 0, 0.1);

}

.testimonial p {

font-style: italic;

color: #555;

}

.testimonial-author {

font-weight: bold;

color: #2c3e50;

margin-top: 1rem;

}

/\* Contact Section \*/

.contact-form {

display: grid;

gap: 1rem;

max-width: 600px;

margin: 0 auto;

}

.contact-form input, .contact-form textarea {

padding: 1rem;

border: 1px solid #ddd;

border-radius: 5px;

font-size: 1rem;

}

.contact-form button {

padding: 1rem;

background-color: #3498db;

color: white;

border: none;

border-radius: 5px;

font-size: 1.2rem;

cursor: pointer;

transition: background-color 0.3s ease;

}

.contact-form button:hover {

background-color: #2980b9;

}

/\* Footer \*/

footer {

background-color: #2c3e50;

color: white;

text-align: center;

padding: 2rem;

margin-top: 4rem;

}

footer a {

color: #3498db;

}

footer a:hover {

text-decoration: underline;

}

</style>

</head>

<body>

<!-- Navigation Bar -->

<nav class="navbar">

<div class="logo">Doris Berardinucci</div>

<div class="nav-links">

<a href="#about">About</a>

<a href="#services">Services</a>

<a href="#testimonials">Testimonials</a>

<a href="#contact">Contact</a>

</div>

</nav>

<!-- Hero Section -->

<section class="hero">

<h1>Welcome to My Practice</h1>

<h2>Licensed Psychotherapist with Over 10 Years of Experience</h2>

<a href="#contact" class="cta-button">Schedule a Session</a>

</section>

<!-- Main Content -->

<div class="container">

<!-- About Me Section -->

<section id="about" class="section">

<h2>About Me</h2>

<div class="about-me">

<img src="doris-berardinucci.jpg" alt="Doris Berardinucci">

<div>

<p>Hi, I’m Doris Berardinucci, a licensed psychotherapist based in Montesilvano, Abruzzo, Italy. With over a decade of experience, I specialize in helping individuals navigate life’s challenges and achieve mental wellness. My approach is compassionate, personalized, and focused on your unique needs.</p>

</div>

</div>

</section>

<!-- Services Section -->

<section id="services" clas…